

Record of Athlete's achievements (Cross-Country, Track, Triathlon, Road Racing)

2009

FutureSportZ Academy® - The Flying Eagles Squad – Head Coach: Tony Baker

Bailey P

Pacific Schools Games (Dec 2008) ranked 9th nationally in 800m
District XC Championships – 3rd
Metropolitan West XC Championships – 2nd Silver medal
Metropolitan West T & F Championships – 200m 3rd Bronze medal, 800m 1st Gold medal, Multi-event 3rd Bronze medal
State Track & Field Championships – Finalist 200m, 800m (PB)
Triathlon Queensland All Schools Aquathlon – 1st

Cassie D

Queensland Schools Triathlon Champs: 6th - selected in the Queensland Team for National Schools Triathlon Champs
Triathlon Queensland Sprint Triathlon Champs: Bronze medal
Tasmanian State Sprint Triathlon Champs – Gold medal (State Champion)
Selected in Australian Team for 2009 World ITU (Age Group) Sprint Triathlon Championships
Season Age Group Champion 2009 – Triathlon Queensland
Season Age group Runner Up 2009 – USM triathlon series
District XC Championships – 1st
Old Athletics All Schools XC Champs = 8th
Metropolitan West XC Championships – 2nd Silver medal
State Secondary Schools XC Champs - 7th (selection in Queensland Team to Nationals), Relay Bronze medal
World Triathlon Championships [Australian Team member (Age grouper)] 11th
State Track & Field Championships – 2000m steeplechase 3rd Bronze medal
National Track & Field Championships – 2000m steeplechase 4th

Josh B

Met West Track & Field Champs – Bronze medal 2000m steeplechase, 4th 1500m

Jat A

Queensland U20 5000m Champs: Silver medal
UQ Twilight Festival – 1st 10k (all ages)
Queensland Athletics U20 XC Championships – 2nd Silver medal

Lachlan W

Ipswich Australia Day Carnival: Gold medal - 800m
Dubbo (NSW) LA Carnival: Gold medals – 800m, 1500m
QLA Regional Champs: Bronze medal – 800m
Twilight festival UQ – 1st 1K, 2nd (age group) 3k
District XC Champs – 1st
USM Raby Bay triathlon – 1st
Queensland Athletics All Schools XC Championships – 1st Gold medal
Queensland Athletics XC Championships – Silver medal
Queensland Running All Schools XC Championships – 1st Gold medal
South Coast XC Championships – 2nd Silver medal
State Primary Schools XC Champs - 2nd Silver medal, selected in State Team to Nationals, relay silver medal.
Eagleby 3k Fun Run – 1st place
National Primary Schools XC Championships – 3rd Bronze Medal (Gold Teams Medal, Gold Relay medal)
South Coast Regional T & F Championships – 2nd Silver Medal Multi-event
National Schools XC Championships – Bronze Medal, (Teams Gold medal, Relay Gold Medal)
Triathlon Queensland All Schools Aquathlon – 1st

Sam U

QLA Regional Champs: Gold medal – 800m
QLA State Championships – Gold medal 800m (State Champion)
District XC Champs – 1st
Combined Independent Colleges XC Championships – 5th
Queensland Athletics XC Championships – Gold medal
St Laurence's College XC Age Champion
Metropolitan East XC Championships – 1st Gold medal
State Primary Schools XC Champs - relay Gold medal
Met East Track & Field Champs – 800m Gold medal
QLA Senior Carnival – 800m 1st, 1500m 2nd

Tom W-B

Twilight festival UQ – 2nd 1K
Queensland Athletics XC Championships – Silver medal
Queensland Athletics All Schools XC Championships – 4th
Queensland Running All Schools XC Championships – 1st Gold medal
Junior TAS XC Championships – 1st Gold medal

Rhoda T

District XC Champs – 1st
Queensland Running All Schools XC Championships – 4th
Metropolitan West XC Championships – 3rd Bronze medal

Zac W-B

District XC Champs – 3rd
Queensland Running All Schools XC Championships – 4th
Queensland Athletics XC Championships – Bronze medal
Metropolitan East XC Championships – 8th
TAS Track & Field Championships – 2nd 800m

Riley K

Metropolitan North XC Championships – 3rd Bronze medal
Combined Independent Colleges XC Championships – 1st Gold medal
State Primary Schools XC Champs - 7th (reserve for Nationals), Relay Silver medal.
Jnr GPS Championships – Gold medals 800m (broke 22yr old record!), 200m; Silver Medal 60m hurdles; Bronze medal 100m
CIC Championships – Gold medal 800m, 60m hurdles; Silver medal 200m; Bronze medal 100m
State Primary Schools Track & Field Championships – Silver medal 800m, PB (broke State record)
University of Queensland 1500m Classic – 3rd (prize)
National Track & Field Championships – 2nd Silver medal 800m (PB)

Conor MacF

Metropolitan North XC Championships – 6th (Q for States)

Lucy A

Metropolitan West XC Championships – 5th (Q for States)

Emma B

Metropolitan West XC Champs - 7th

Alexa D

Queensland Running All Schools XC Championships – 2nd Silver medal
Metropolitan East XC Championships – 5th (Q for States)
State PS XC Champs - Relay Silver medal
Met East Track & Field Champs – 800m Bronze medal (PB)

Eve P

QGSSSA XC Championships – 2nd Silver medal
Metropolitan West XC Championships – 1st Gold medal
State SS XC Champs - 11th, Relay Silver medal
QGSSSA Track & Field Championships – 1st (Gold medal) 1500m, 2nd (Silver medal) 800m

Fergus H

Metropolitan West XC Championships – 5th (Q for States)
Queensland Athletics All Schools XC Championships – 5th
Met West Track & Field Champs – 1500m Bronze medal
GPS Track & Field Championships – 1500m 4th (PB)

Jimmy M

Metropolitan West XC Championships – 6th (Q for States)

Max C

Metropolitan West XC Championships – 1st Gold medal

Jarrold T

Metro West XC Champs - 7th
Metro West T & F Champs – 4th 800m

Logan G

Du for the Parks Duathlon – 1st (Hot Springs AR) Gold medal
Little Shark Triathlon – 1st (Bentonville AR) Gold medal
Kids tri Lemonade triathlon – 1st (Jonesboro AR) Gold medal
Lifetime Fitness Kids Triathlon – 1st (Omaha, NE) Gold medal
Days Duathlon – 2nd (Papillon NE) Silver medal
Firecracker 5k – 2nd (Benton AR) Silver medal
State Games of America Triathlon – 3rd Bronze medal
USAT Youth National Triathlon – 7th
Fort Smith Triathlon – 1st
Memphis Thunder Triathlon – 1st
IronKids National Triathlon Championships (Tucson, Arizona) – Silver Medal

Michael W

South Coast Regional T & F Championships – 2nd Silver Medal Multi-event, High Jump
State Track & Field Championships – 2nd (Silver medal) High Jump
National Track & Field Championships – 9th High Jump

Damien W

University of Queensland 1500m Classic – 3rd (prize)

Matthew F

CIC Track & Field Championships – 2nd 60m hurdles, 3rd 100m